

NYS Apples

May 2025 K-12



Breakfast



	Monday	Tuesday	Wednesday	Thursday	Friday
M.	ay The Forks Be With	April Showers Bring	.40%	1 Smoothies	2 French Toast
	1901	May Flowers	Or many come they beared the come of the c		4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
	5	6	7	8	9
Muffin		Bites	Donut	Cinnamon Roll	Bagel with Cream Cheese
		4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	
12 Waffles		13 Muffin Top	14 Donut	15 Smoothies	16 French Toast
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	
19		20	21	22	23
Muffin		Bites	Donut	Cinnamon Roll	Bagel with Cream Cheese
	sorted Juice cup 1/2c r Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
Нар	26 py Memorial Day!	27 Muffin Top	28 Donut	29 Smoothies	30 French Toast
		4oz assorted Juice cup 1/2c Fresh or Prepared Fruit	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit
		1/2c Milk-8oz	1/2c Milk-8oz	1/2c Milk-8oz	1/2c Milk-8oz

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

Assorted Cereal (1oz) w/Toast

Belly Bears w/4oz Yogurt

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk 8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN

If your student has a particular food allergy, please contact the food service office @ (716)665-6624

Student (1st) FREE Adult \$2.95

This institution is an equal opportunity Provider and Employer